



TEXAS A&M AGRI LIFE EXTENSION

tabbles®
EXHIBIT

Free Marriage Education Workshop 2019 Schedule

- When: (select one) Saturday, February 9
 Saturday, May 18
 Saturday, August 24
- Where: Texas A&M AgriLife Extension Office
 1200-B W. Houston Street
 Sulphur Springs, TX 75482
- Time: 8:30 a.m. to 3:30 p.m.
- Who can come: married couples, engaged couples,
 seriously dating couples
- Facilitator: Johanna Hicks, Extension Agent
- Must call to sign up: 903-885-3443

Lunch Provided!

Engaged couples will receive a certificate to save \$60 upon applying for a marriage license.

Communication

Marriage Expectations

Goal Setting

Conflict Resolution

Money Management

Individuals who require an auxiliary aid, service, or accommodation in order to participate are encouraged to contact the Hopkins County Extension Office at 903-885-3443 for assistance.



**DO WELL
BE WELL**

TEXAS A&M AGRILIFE EXTENSION

DO WELL, BE WELL

WITH DIABETES

A Program for People with Type 2 Diabetes



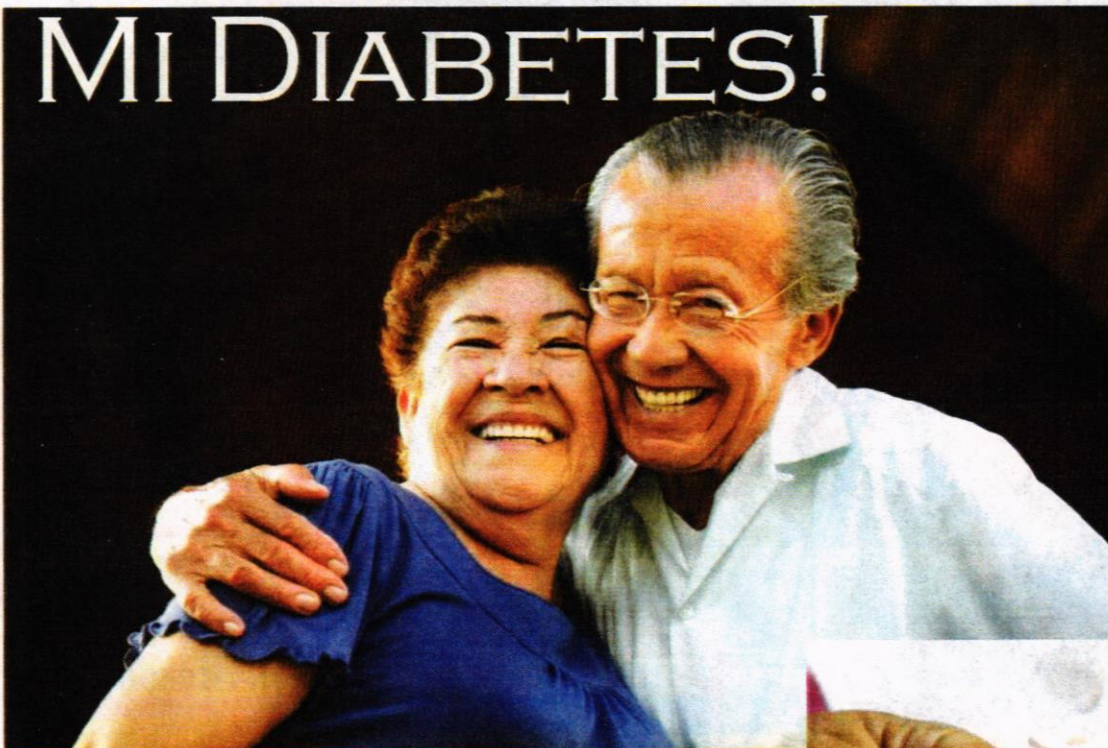
- When: March 11, 14, 18, 21, 25, 2019
- Where: Texas A&M AgriLife Extension
1200-B W. Houston
Sulphur Springs, TX 75482
- Time: 1:30 p.m., repeated at 6:00 if both times make
- Cost: \$25 covers materials, refreshments, door prizes
- Call: Johanna Hicks
903-885-3443
jshicks@ag.tamu.edu

To find out how you can do well and be well with Diabetes, call your county office of the Texas A&M AgriLife Extension Service

AGRILIFETEXTENSION.TAMU.EDU



¡SÍ, YO PUEDO CONTROLAR MI DIABETES!



*¿Tiene usted diabetes tipo 2?
¿Desea estar más saludable?*

Si es así, ¡Sí, Yo Puedo Controlar
Mi Diabetes! es el programa para
usted.



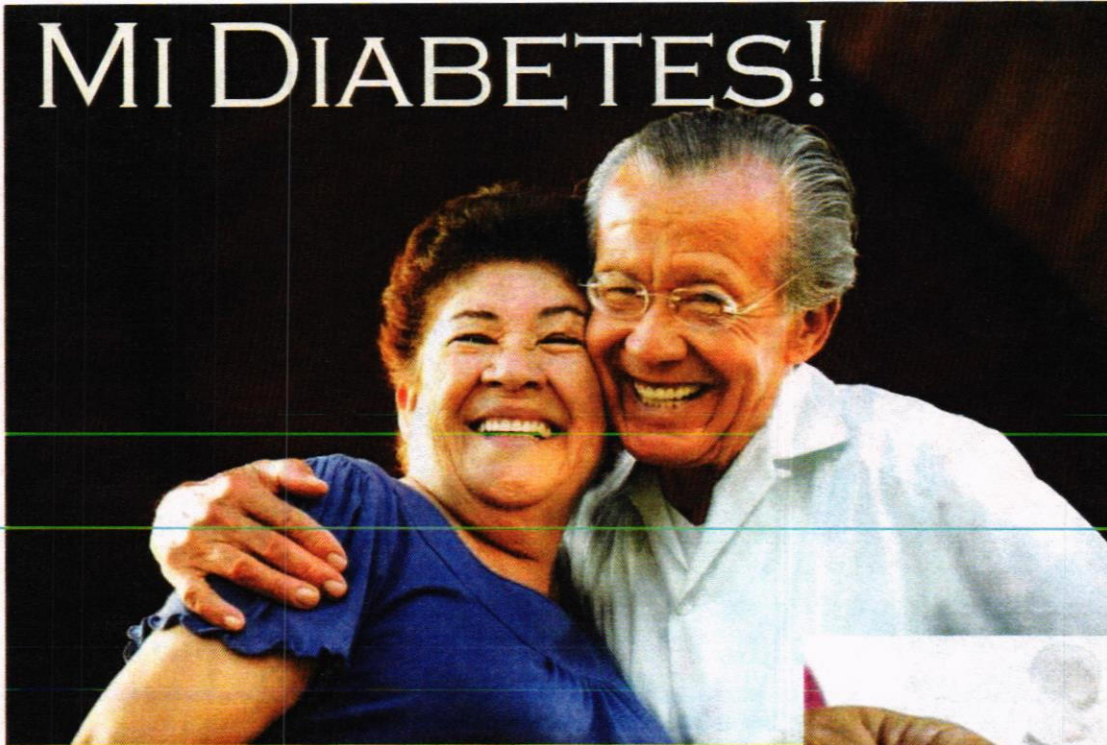
- ▣ **Gratis**
- ▣ **7 clases**
- ▣ **Aprenda como controlar su diabetes**
- ▣ **Aprenda como vivir saludablemente**
- ▣ **Las clases serán impartidas por profesionales en el area de la salud**



*¡Su diabetes sí se
puede controlar!*

- Dates: February 18 and 25, March 4, 11, 18 and 25 and April 1, 2019
- Time: 4:00 pm
 - Where: 115 Airport Dr. Sulphur Springs, Tx 75482
- To register: Angela Doddy, 903-244-1424 or contact the Extension Office, 903-885-3443

¡SÍ, YO PUEDO CONTROLAR MI DIABETES!



*Do you have Type 2 diabetes?
Do you want to be healthier?*

If so, ¡Sí, Yo Puedo Controlar Mi Diabetes! is a program for you.



- ☑ Free
- ☑ 7 classes
- ☑ Learn how to control your diabetes
- ☑ Learn how to live healthy
- ☑ Taught by health professionals



*Yes! You can control
your diabetes!*

- Dates: February 18 and 25, March 4, 11, 18 and 25, and April 1, 2019
- Time: 4:00 p.m.
- Where: Christus Trinity Plaza Conference Room
115 Airport Dr., Sulphur Springs, Tx
75482
- To register: Angela Doddy, 903-244-1424



TEXAS A&M
AGRILIFE
EXTENSION

**Pesticide Applicator Certification
NEW APPLICANTS**

Feb 13, 2019

May 15, 2019

August 14, 2019

November 13, 2019

**Hopkins County Extension Office
1200 B Houston Street, Sulphur Springs, Texas
10:00- 2:00 PM**

Cost: \$30.00 Lunch included

No testing will be conducted on this day.

Contact Texas Department of Agriculture for exam arrangements

**Teaching materials and rules and regulations for sale
(\$40.00) at the Hopkins County Extension Office**

**The Texas Department of Agriculture requires users of restricted
pesticides to obtain and maintain a private applicator license.**

Please RSVP by calling the Hopkins County Extension Office at 903-885-3443

Individuals with disabilities who require an auxiliary aid, service, or accommodation in order to participate in this activity are encouraged to contact the Hopkins Extension Office at 903-885- 3443 for assistance.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, genetic information, veteran status or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Tomato Grafting

February 7, 2019

1:00 PM

Cost \$10

Hopkins County Extension Office

1200 B Houston Street, Sulphur Springs, TX

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Grafting Vegetables

Hands on workshop

(attendees will keep 2 grafted tomato)

(Maxiflora+Celebrity)

2 CEU for Master Gardeners

Presented by

Dr. Joe Masabni

Extension Small-Acreage Vegetable Specialist, Texas A&M AgriLife Extension- Overton.

Register by calling the Hopkins County Extension Office at 903-885-3443 (space limited to 30 participants).

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

Field Day for Producers and Grasslands Managers

Ebel Grasslands Ranch, Sulphur Bluff, Texas

April 26, 2019

8:30 AM to 4:30 PM

Agenda

8:30 - 9:30 am Welcome (given in covered pavilion)

-Native Grasslands: Environmental benefits, Economic benefits and sustainability- Rotational / prescribed grazing -Optimizing various grass/forage types -Water development

9:30 - 12:30p Pasture Walk: Opportunity to see topics discussed.

12:30 - 1:30p Lunch sponsored by NETBIO

Presentation on Fencing options, Rotational and other challenging pasture moves-Calving seasons.

1:30 - 4:30p Pasture Walk: Opportunity to see topic discussed.

Address: 225 CR 3611, Sulphur Bluff, TX 75481

Directions from Sulphur Springs: TX-154 W turns slightly right and becomes TX-19 N 4.0 mi Turn right onto FM 1537 E 0.9 mi Turn left onto FM 3236 N 7.0 mi Turn right onto W Farm Rd 71 E 8.9 mi, Turn right onto Co Rd 3611. You will see White Shop on left

This program is free. Limited to first 25 participants.

Register by calling The Hopkins County Extension Office at 903-885-3443

by April 5, 2019



2019 Activities Calendar Hopkins County Ag/NR

Month	Day	Activity
January	5	Goat/lamb clinic
January	7	staff conference
January	14	NETLA meeting
January	20	Ft Worth Dairy Judging
January	28	Commisioner's Court Report
February	1	DEA Performance Appraisal
February	4	Staff Meeting
February	4	4-H Council meeting
February	7	Tomato Grafting
February	7	Potts training at icehouse
February	11	NETLA meeting
February	14	Private Applicator training
February	18	Goat project clipping
February	21-23	NETLA Junior Market Show
March	1	4-H Gazette
March	4	Staff Meeting
March	8	LAB lunch
March	18-22	Spring break
March	26	Gardening talk
March	26	4-H Round-Up
April	1	Staff Meeting
April	1	4-H Council
April	9	DOPA- Stephenville
April	12	DOPA planning meeting
April	17	Grasslands tour - youth
April	22	Commisioner's Court Interpretation
April	26	Grasslands tour - Adult
April	27	College Station- Livestock Judging
May	2	4-H Gazette
May	6	Staff Meeting
May	10	Beef Program NETBIO
May	15	Private Applicator Training
May	21	Faculty Training -Dallas
June	3	4-H Council Meeting
June	7	Tour Day
June	8	Dairy Show
June	13	Dairy show sale
June	10 to 14	4-H Round Up State

July	1	Staff Conference
July	11	Record Book Judging
July	15-17	Multicounty camp
July	29-31	TCAAA
July	29-31	skills camp
August	5 to 7	Beef Short Course
August	8	LAB Dinner
August	14	Private Applicator training
August	20	Fall Faculty Conference
August	26	Commissioner's Court Interpretation
October	5	Beef Day
October	8	Ag in the Classroom
October	9	Ag in the Classroom
October	30	DOPA training
November	6	PAT CEU's
November	13	PAT new licensees
November	14	LAB banquet
November	25	Commisioner's Court Interpretation